



Jordan & Associates

GASTROENTEROLOGY, P.A.

Christopher P. Jordan, M.D.

Jordan Digestive Diagnostic Center, 649 Guy Road, Clayton, NC 27520

Phone: 919-938-4404 | Fax: 919-938-3055

ENDOSCOPY (EGD) / ESOPHAGEAL DILATATION PREP

APPOINTMENT DATE: _____ TIME: _____

1 WEEK BEFORE YOUR PROCEDURE – STOP TAKING THESE MEDICATIONS:

BC powders, Goody powders, Ibuprofen, Aleve, Motrin, all arthritis medications, iron pills, artificial fat, Vitamin E, fish oil, and all herbal products. Also stop Nexium, Protonix, Pantoprazole, Aciphex, Prilosec, Omeprazole, Prevacid, Zegerid and Dexilant. (If this is a repeat upper endoscopy, do not stop these medications.)

You may take Tums, Roloids, Zantac, or Pepcid if needed.

- Tylenol is okay to take, if needed.
- If you have a health condition that requires you to take an antibiotic prior to an invasive procedure, please let us know by calling our office at 938-4404 between the hours of 9:00 AM and 5:00 PM.

THE EVENING BEFORE YOUR PROCEDURE

- Do not eat anything after midnight the day before the test.

ON THE DAY OF YOUR PROCEDURE:

- Do not eat any food, but you may have clear liquids until 6 hours prior to your procedure.
- **Note: Clear liquids:** clear tea, (iced or hot), coffee (no cream), any type of soft drink (diet or regular), fat free broth or bouillon, juices, (apple, grape, cranberry, orange juice with no pulp), fruit flavored drinks, Gatorade, PowerAde, Jell-O, and popsicles. **NO FOOD!!!**
- Please take any heart, blood pressure, breathing or seizure medications on the morning of your procedure. Please bring all medications with you to the hospital or to the office.
- **FOR DIABETICS:** No Insulin or Oral Agents on the morning of the procedure.

Report to:

- **Our office: 649 Guy Road, Clayton, NC 27520**
- **Duke Raleigh” 3400 Wake Forest Road, Raleigh, NC 27609**

Arrange for a driver to come with you the morning of your procedure. The driver must stay at the office and is not allowed to leave. We will not proceed with the procedure if your driver is not present.

Please bring a jacket for yourself and driver. The facility is kept cool.

Please do not bring children because the facility space is limited. Please do not bring any cell phones. Please remove all jewelry prior to the procedure.

While our goal is for this procedure to move along as quick as possible. We occasionally run into a case that requires Dr. Jordan to spend additional time with the patient. Therefore, we do ask that you please allow 2-3 hours from start to finish for your scheduled procedure.

You will be contacted as soon as the results of your biopsy are available. It may take up to 2 weeks for your biopsy results to be final. If you have not heard from our office after 2 weeks, please call us at 919-938-4404; leave a message and someone will return your call.